EMERGENCY KIT ITEMS



Emergency Preparedness & Planning

COMMUNICATION TECH

- Battery-powered or Hand-cranked Radio
- Two way radios
- Crank or battery-powered Flashlight
- Replace batteries once a year, include extra batteries & optional solar charger

Note: Use texting instead of phone during major disasters



FOOD

- Non-perishable food; canned food, energy bars and dried foods (3 day supply for evacuation, 2 week supply for home)
- Include Manual Can Opener & matches



HYDRATION

- One Gallon per person, per day.
- Use plastic bottling to prevent breaking if frozen. Include small easily transportable bottles.
- Note: Change water every 6 months



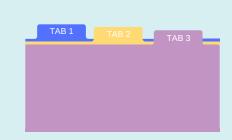
FIRST-AID KIT

- Common Medication (Aspirin, Antihistamine, Calamine lotion... etc)
- Sterile Bandage Materials, wound care
- Fracture & Sprain care
- Safety Pins and Tweezers
- Antiseptic Wipes



MISCELLANEOUS

- Dust Masks, Mylar Blanket
- Cash & Copies of personal documents
- Paper map of your area (Meeting spot &
- Duct Tape
- Multi-tool (i.e. Swiss Army Knife)



CONSIDER THE NEEDS OF ALL FAMILY MEMBERS AND ADD REQUIRED SUPPLIES TO KIT.
SUGGESTED ITEMS TO MEET ADDITIONAL NEEDS:



Pet Supplies







Baby Supplies